

# Rammed Earth Sauna Workshop

July 17th, 18th & 19th, 2026

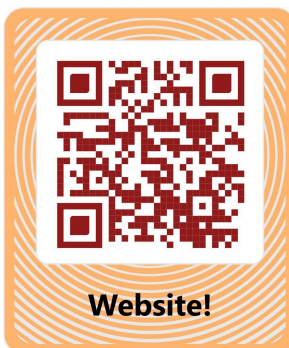
South Burlington, VT

Objective- Learning the Art and Craft of using an ancient technique of building with Rammed Earth, stabilized Rammed Earth and Saunas.

Course Overview - Outdoor Classroom Learning Environment, with lots of hands on experience and take home constructed earthwork forms. Learning start to finish rammed earth construction and sauna building techniques with an optional sauna sweat on Saturday evening!

## Course Cost & Energy Exchange

3-Day Pricing  
(Sliding Scale \$111-\$222)  
Single Day Pricing  
(Sliding Scale \$55-\$88)



Led by Brenden McBrier of [RegenerativeRetrofits.design](https://www.regenerativeretrofits.design). This offering is for anyone who wants to deepen their connection to the Earth through building, sweating, story telling, and skill-sharing. Whether you are brand new to natural building construction or looking to refine your craft, there's a place for you here.

RSVP @ [dreamteamregenerativeretrofits@gmail.com](mailto:dreamteamregenerativeretrofits@gmail.com) or (303) 941-3514

